



Join us Wednesday 14th of September 2022 at 10:00-13:00 CET at <https://cesnet.zoom.us/j/97720087100>

• HEALTH AND WELLBEING DOMAIN
2 ECTS

AURORA

Demography, Epidemiology and Healthy aging: the viewpoint of a geriatrician

Prof. NICOLA FERRARA, MD

Organized by Palacký University Olomouc in collaboration with University of Naples "Federico II", Naples, Italy

Please register by September 12, 2022 at petra.mandysova@upol.cz.

1. Demography of Aging
2. Life Expectation, Aging index and Natality rate in Europe and in the World
3. Baby boomers
4. Demographic Characteristics of Centenarians
5. Epidemiology of age-related diseases
6. Characteristics of Geriatric Patient
7. "Comorbidity" and "Multimorbidity"
8. Iatrogenic Damage and Polipharmacotherapy
9. Multidimensional geriatric evaluation
10. Longevity and politics: a dialectical relationship
11. Healthy aging: definition
12. Concept of Successful Aging
13. A genetic approach to ageing research
14. Biomarkers of ageing
15. Ageing pathways and processes
16. Inflammaging
17. Anti-ageing interventions
18. Exercise and aging
19. Nutrition and aging
20. Conclusions and future



Co-funded by the Erasmus+ Programme of the European Union